



**Houndslake**  
COUNTRY CLUB

VOL. 2 NO. 8 AUGUST 2021

# The Horn

Newsletter for Houndslake Country Club

## HOUNDSLAKES FRIENDS, FAMILY AND MEMBERS...

I cannot believe I am already writing the Newsletter for August. We have had such a great summer at the club and the time is really flying by. I want to start out by thanking all of the students who stepped up and came out to work with us this summer. We could not have delivered the level of service we wanted without their help. They all had a great time working hard in their departments, and they learned valuable lessons about the importance of providing good customer service. In their own way, each of these students helped Houndslake be a little bit better. The ownership they took was impressive. If you see any of the students before they go back to school, please thank them for their help this summer. I am proud of them all and wish them a healthy and happy school year!

- Owen Brumfield, Pro Shop, SOUTH AIKEN
- Megan Coffman, Pool, SOUTH AIKEN
- Brie Crowley, Pool, Server, Kitchen, Pro Shop, USC-AIKEN-freshman
- Cam Davis, Pool, Carts, AIKEN HIGH
- Kat Davis, Pool, Server, USC COLUMBIA- freshman
- Ryan Davis, Carts, SOUTH AIKEN
- Eavan Douglas, Kitchen Expo, OAKDALE HIGH SCHOOL
- Sophie Fraley, Pool, ABEKA ACADEMY
- Elizabeth Hurd, Pool, AIKEN HIGH
- Kaden Johnson, Carts, SOUTH AIKEN
- Ryan Mondschein, Carts, AIKEN HIGH
- Blake Oerman, Carts, SOUTH AIKEN
- Chase Scott, Carts, MIDLAND VALLEY
- Caroline Seawell, Pool and Banquets, SOUTH AIKEN
- Ellie Seawell, Pool, Kitchen Expo, Banquets, USC COLUMBIA-freshman
- Mary Margaret Seawell, Pool, Pro Shop, Server, Everywhere, USC COLUMBIA - junior
- Kaylee Young, Kitchen Expo, SOUTH AIKEN

If you have been out to the Club lately for Ladies Night or Sunday Brunch, you will have noticed how busy we have become. Yes!!!! The club is alive with our members spending quality time with friends and family. We hosted a sold-out Interactive Wine Reception in July, which was very well received. We will continue to do more fun events as I am able to hire more people. I am working hard to hire more staff to accommodate our growth, but it is still challenging to find good people. Please continue to help us by making reservations for all events and dinners so we can plan accordingly with Food and Staffing.

I wanted to let you all know that there will be an increase in the Ladies Night Buffet prices. Just like everything else right now, the cost of food has really gone up as our menu improves. These price increases will be minor and will be effective Wednesday August 4th. We will continue to offer free beer, house wine, and house mixed drinks to our Lady Members. I am raising the buffet prices for non members as well as you as members should get a better deal as a benefit of supporting our club. I have had many compliments on the different themes and menus we have been having on Wednesdays. Thursday Nights have been solid as well, and I hope you all continue to come out and eat with us.

We have made many improvements around the club in the month of July. There was a deep cleaning of the club house restrooms. We completed the aerification of the Dogwood and Azalea greens in one day which is great. A thank you for your patience during this process as it is very time and labor intensive. I am happy to say the greens are healing back nicely and the golf course remains in great shape. We hired a paving contractor to come in and do some "Tree Root Grinding" and leveling work on our cart paths. This will be a huge improvement for our club. We are in the process of repainting the restrooms at the swimming pool. This was long overdue and we will continue to work on these restrooms through the off season. John did an excellent job cleaning out the bag room inside the cart shed as well. We will be working on the Ballroom the first and second week of August. I will send out a list of volunteer dates and times and welcome anyone who would like to come out and lend a hand. We will provide the paint, the brushes, and the wine. With a little TLC and teamwork we can make the Ballroom beautiful again. Thank you in advance for your help with this.

In closing I want to thank the Houndslake Community as a whole. I love living in Houndslake and being a member of our Club. If we all continue to work together to make our neighborhood and our club better, we all benefit. I want Houndslake to be the friendliest and the best club in Aiken. Thank you to the HNA and their partnership, all of the volunteers who donate their time and skills, and to all of the members who support our club. Great things are going on out here, help me spread the word!!

With much appreciation,  
**David Davis**

Join us on Wednesdays  
for Ladies' Night.

# Dining

## SUNDAY

Brunch - 10:30am-1:30pm

Omelet station, Belgian waffles, bacon, sausage, biscuits, sausage gravy, grits,  
Houndslake's Famous Fried Chicken, macaroni & cheese, breakfast potatoes, green beans

\$10.95 for adults  
\$5.95 for children 6-12  
5 & under are free  
\$1 tea, coffee, & soda

## MONDAY

Accounting, Golf, and Pro Shop Open | Dining Room Closed

## WEDNESDAY

Pub Open: 4pm - 8pm  
Dining Room: 5:30pm - 8pm

Pub will be open at 4pm for drinks and apps.  
Dinner service will start at 5:30

Buffet can be enjoyed in the dining room and pub.

Pub: menu prices \$15.95 buffet for adults \$10.95 for ladies

## THURSDAY

Pub Open: 4pm - 8pm  
Dining Room: 5:30pm - 8pm

Pub will be open at 4pm for drinks and apps.  
Dinner service will start at 5:30

Family Night featuring burgers, baskets, & handhelds in the Pub. Regular menu available.  
Open on Thursdays for the remainder of summer.

## FRIDAY

Pub Open: 4pm - 8pm  
Dining Room: 5:30pm - 8pm

Pub will be open at 4pm for drinks and apps.  
Dinner service will start at 5:30

Member Appreciation Night - \$5 off bottles of wine

## SATURDAY

Pub Open: 4pm - 8pm  
Dining Room: 5:30pm - 8pm

Member Appreciation Night - \$5 off bottles of wine

FOR RESERVATIONS IN DINING ROOM OR PUB PLEASE CALL 803.648.6805



## STARTERS

**Queso Cheese Dip + Corn Tortilla Chips \$7**  
Complimented with minced onion, tomato, cilantro "Salsa Fresca"

**Chilled Shrimp Cocktail \$7**  
5 Old Bay seasoned cold boiled shrimp, lemon and cocktail sauce

**Pork Pot Stickers \$8**  
Crispy fried and served with a peanut honey soy sauce

**Shotgun Shrimp \$12**  
10 golden fried shrimp tossed in a light and spicy sauce placed on a bed of lettuce

**Buffalo Pimento Cheddar Cheese Dip \$6**  
Served with Club Crackers

## SOUPS & SALADS

**Strawberry Poppy Seed Salad \$10**  
Fresh strawberries, mandarin oranges, pecans, and Poppy Seed Dressing  
Add Chicken \$12 Add Shrimp \$15 Add Salmon - 4oz \$18, 8oz \$22

**Houndslake House Salad (large) \$10**  
Houndslake's traditional house salad with tomatoes, cucumbers, onions, croutons, and choice of dressings  
Add Chicken \$12 Add Shrimp \$15 Add Salmon - 4oz \$18, 8oz \$22

**Wedge Salad \$10**  
Crispy Iceberg Lettuce with crumbled bacon, blue cheese, cut tomato, choice of dressing

**Asian Chop Chop Salad \$12**  
Cut lettuce topped with water chestnuts, baby corn, green onion, cucumbers, julienne carrots, Over crispy Noodles with a Spring Roll

**Seasonal Soup of the Day**  
Cup \$4 Bowl \$6

## BASKETS

**Chicken Tenders Basket \$10**  
Three Chicken Tenders served with French Fries or Pub Chips, Honey Mustard or Ranch

**Fried Catfish Basket \$12**  
Two Fried Catfish Filets served with French Fries or Pub Chips and Cocktail or Tarter Sauce

## HAND HELDS

**Cheese Quesadilla \$10**  
A grilled tortilla folded Monterey Jack Cheese, Cheddar Cheese, peppers and onions served with sour cream and salsa on the side  
Add Chicken \$12 Add Shrimp \$15

**Chicken Breast Sandwich \$12**  
Marinated chicken breast available fried, grilled, or blackened served on a Brioche Bun with lettuce, pickles, and seasoned mayo - Served with fries or pub chips  
Add Bacon or Tanga BBQ sauce \$1

**The Houndslake Angus Burger \$12**  
5oz Angus Beef Patty cooked to your temperature with choice of Swiss, American, or Cheddar Cheese, crisp lettuce, sliced tomato, red onions and pickles - Served with fries or pub chips  
Add Bacon \$1

**Philly Cheese Sandwich \$12**  
Grilled Chicken or Beef combined with "Coca Cola Caramelized Onions", and American cheese on a soft Hoagie Roll

## THE FINER CHOICES

**Honey Garlic Pork Chops \$16**  
Twin Center Cut Rib Chops fried or grilled to perfection and finished with a tangy honey garlic glaze and crumbled bacon  
Your choice of one side and a house salad

**Filet Mignon \$28**  
Two 4oz medallions char grilled to perfection with Steak Béarnaise Butter - Your choice of one side and a house salad

**Chef's Catch of the Day @ Market Price**  
Tilapia, Mahi, Flounder, Trout, Tuna, or Salmon cooked to perfection - Your choice of one side and a house salad

## THE SIDE LINE

French Fries • Pub Chips • Baked Potato • Cole Slaw  
Okra • Chef's Veggie of the Day • Onion Rings \$1  
Sweet Potato Fries \$1 • Add a Small House Salad \$1.50

## ASSORTED DESSERTS OF THE DAY \$4



# Houndslake

NEIGHBORHOOD ASSOCIATION

## News

### Let's Safely Gather Again!

Please join us for the Houndslake Neighborhood Association Fall General Meeting on Tuesday, September 21st. This meeting is open to all Houndslake residents; we encourage everyone to come find out more about your Neighborhood Association! The meeting will be preceded by a social hour. Join us for food, drinks, and fun!

It is election time for the Neighborhood Association! If you are interested in joining the Houndslake Neighborhood Association team, please contact Lisa Carroll at [dcarroll87@msn.com](mailto:dcarroll87@msn.com). Elections will be held during the HNA General Meeting on September 21st. Please volunteer and keep our community strong!

Mark your calendars! The 3rd Annual Houndslake Yard Sale will be Saturday, October 16th. Box up your items and plan to sell and shop with us! More details coming soon.

# BRIDGE Winners

## JULY 2021 HAND-KNEE + FOOT

Game # 1

Judy Clark, Kathy Wood, Barbara Edwards

Game # 2

Marissa Evans, Candy Moore, Rose Wilson

## JULY 1<sup>ST</sup> FIRST THURSDAY GROUP

1st Place Tie

Kay Lawton - Phyllis Ingram

Ann Mayenschein - Joan Basile

## JULY 8<sup>TH</sup> HAND + FOOT GROUP

Table 1 Winners

Faye Waldrop, Pat Boyer, Missie Van Bebber

Table 2 Winners

Kay Lawton, Ann James, Barbara Burnett

Table 3 Winner

Mary Kline, Melanie Metzler

## JULY 15<sup>TH</sup> HAND + FOOT GROUP

Table 1 Winners

Kay Lawton, Faye Waldrop, Barbara Burnett

Table 2 Winners

Betty Thomason, Arlene Flury, Melanie Metzler

Table 3 Winners

Carolynn Childress, Celeste Stennett, Missie Van Bebber



## Answer to June Trivia Question

Question:

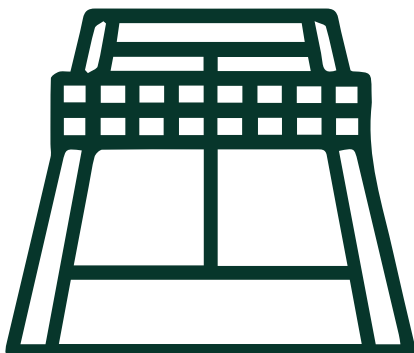
The golf carts at Houndslake are currently housed in a separate building beside the pro shop and cart landing. When the Club originally opened where were the carts housed and where was the access point.

Answer:

The carts were housed in the space which is now the ballroom and the access to this area was through the grillroom entrance.

## August Trivia Question

The Houndslake Net's facility has six nice pickle ball courts, two traditional surface tennis courts, and two clay surface courts. What is another name for the green clay surfaced courts?



# August Events

## August 12

Low Back Pain Workshop @ 5pm  
\$20/person - Limited to the first 12 people  
who sign up in the Pro Shop  
See last page for lower back pain article

## August 21 & 22

US KIDS

## August 27 & 28

Houndslake Club Championship

## August 30

CSRA Ladies Tournament  
Sign up in the Pro Shop



# THE POOL IS OPEN!

EVERYDAY 10AM-8PM

# Golf News

## JERRY CLEMENTS

shoots his age on 07/11/2021.

Way to go Jerry!

## DICK BARCLAY

shot his age on 07/17/2021.

Nice job Mr. Barclay!

## LADIES' 18 HOLE GOLF RESULTS

### JUNE 29 RESULTS

Paulette Welsch +7  
Lucy Loomis -even-

### JULY 6 RESULTS

Dineen Hass +11  
Lucy Loomis +3  
Dianne Russotto +2  
Paulette Welsch +2

### JULY 13 RESULTS

Paulette Welsch +7  
Tracey Sillito +2  
Lucy Loomis +2

## MULTI-SPORTS CAMP

August 9-12 | 8 AM to 12:15PM

Boys and Girls Age 7-14

Golf • Pickle Ball • Tennis with Professional Coaches

Lunch and Refreshments Daily, the days will conclude with optional pool time with parent supervision.  
Call Pro Shop for details and to sign up.

## Ladies of Houndslake

Yes, we do have an 18 Hole Ladies Group. In the past, you have seen postings of the results for our Group here at Houndslake Country Club in The Horn, our newsletter.

### WE PLAY ON:

Tuesdays 9:00 am (ladies' day)  
Thursdays 9:00 am  
Saturdays 9:00 am

Our generous club has allotted us many opportunities for ladies to play an 18-hole round. Pick a day, two, or all three days to enjoy some of the best social golf around. We have many levels of expertise playing with the group. Come enhance the collection with your skills, experience, and social hilarity! Depending on handicap, we have an opportunity to play competitively against some of the best course clubs around the area in a Team Match Play format, if interested. We also receive "Invitationals" from area courses allowing us to compete against other clubs, flighted to accommodate your specific handicap. Lots of fun, giving us the opportunity for new friendships and allowing us to be "ambassadors" for our own club. Please come try us out at your first convenience. Email to our co-President Dianne Russotto is below or call the pro-shop to have them add your name to the preferred day's numbers.



The Houndslake Aqua Hounds use the pool from 9am to 10am daily. No lap swimming can take place during this time. Starting July 1, Lap Swimming will take place from 8am to 9am.

# 4 TIPS TO LOWER YOUR HANDICAP. PLAY SMART, NOT HARD.

## 1 Don't wait for the tournament / event to get in shape:

There are 3 main types of exercises players can do on a regular basis to avoid aches and pains. First is aerobic exercise. Work towards a goal of 30 mins, 3 days/week of biking, swimming, jogging or walking at a vigorous pace. Second is joint mobility. Studies have shown improving hip rotation reduces the stress on the spine. Third is golf specific hip and spine strengthening exercises at least 2x/week.

## 2 Classic swing vs modern swing:

Research supports that the biomechanics of classic swing are better for your back. In classic swing, the hips and shoulders rotate together thus creating less stress of the spine during down-swing. It is important to get some proper instruction to improve your golf swing.

## 3 Avoid over-practice of your long clubs:

Don't start your initial sessions playing 36 holes two days in a row. If you haven't played all winter, start your game with a few holes and work your play time up gradually. Start slowly with some chips and pitches, and then work your way up to finish with a few drives. If you focus on your games, you will **lower your risk of injury** and **reduce your handicap**.

## 4 If you have pain stop playing and get it evaluated:

A "No pain, no gain" attitude is asking for injury. If you are hurting, early intervention is a more successful strategy to keep you on the golf course. A personalized performance program ([performanceabove.com](http://performanceabove.com)) can analyze and address your game deficiencies to keep you playing the game you love.

### Hetal Acharekar

Hetal Acharekar is a *Golf Movement Specialist* and a *Physical Therapist* with over 12 years of experience. She is a recreational golfer. She has a special interest in gold biomechanics and has worked with golfers and other athletes from all sorts of sports.

